



Triggering Factors For The Moro Reflex And Ways To Control It In Infants

Triggering factors



Loud and sudden sounds



Sudden movements



Baby's own cry



The feeling of falling when
picked or swayed

Ways to minimize the intensity



Swaddle the baby to prevent
sudden awakenings



Sway the baby gently and
avoid sudden movements



Share room with the baby
to soothe them and
control disturbances



Offer pacifier during naps
and bedtimes