

IMPACTFUL QUOTES ON KINDNESS



For Kids



"The simple act of caring is heroic."

- Edward Albert

"There is no exercise better for the heart than reaching down and lifting people up."

- John Holmes

"Give yourself some kindness today until you're filled and pass it on."

- Lori Hill

"Whatever you want to be when you grow up, be kind."

- Anonymous

"Love and kindness are never wasted. They always make a difference. They bless the one who receives them, and they bless you, the giver."

- Barbara De Angelis

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"Be nice to strangers. Be nice even when it doesn't matter."

- Sam Altman

"Be mindful. Be grateful. Be positive. Be true. Be kind."

- Roy T. Bennett

"Kind people are the best kind of people."

- Anonymous

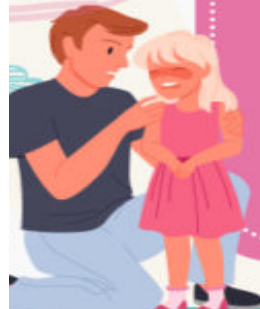
"The simplest acts of kindness are by far more powerful than a thousand heads bowing in prayer."

- Mahatma Gandhi

"Kindness begins with the understanding that we all struggle."

- Charles Glassman

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"Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you."

- Princess Diana

"We rise by lifting others."

- Robert Ingersoll

"A warm smile is the universal language of kindness."

- William Arthur Ward

"That best portion of a man's life, his little, nameless, unremembered acts of kindness and love."

- William Wordsworth

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