



Baby kicks can provide valuable insights into the baby's health and development.



Baby kicks may be in response to environmental stimuli, like sounds and foods.



Lying on the sides may increase baby kicking.



Baby kicks can be felt as early as nine weeks, often as a gentle fluttering feeling.



Reduced baby kicks may indicate fetal distress.



Decreased baby kicking is normal during late pregnancy due to the baby's growing size.



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Source: https://www.momjunction.com/articles/facts-about-babys-kicks-during-