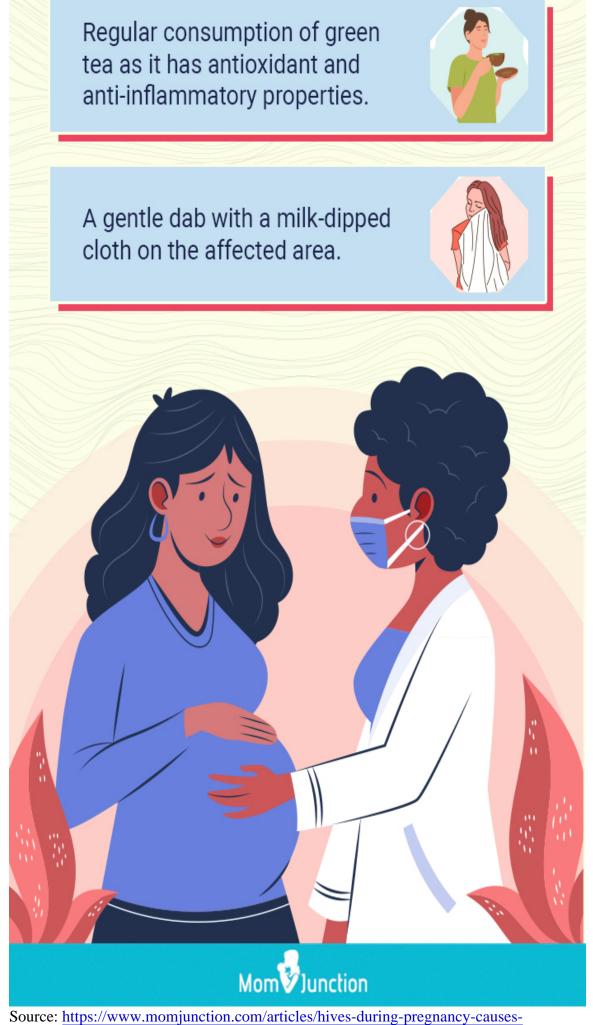
How To Manage At Home In Pregnancy

An oatmeal bath as it has anti-inflammatory and skin-protecting properties.

A topical application of aloe vera gel on the affected area.

A cold water bath to reduce the itching.









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