



## Delicious And Healthy Snacks That Children Will Love



### Celery With Peanut Butter And Raisins

Turn a boring celery stalk into interesting finger food with peanut butter and raisins on top.



### Pears With Ricotta Cheese

Cut open a sweet and juicy pear and serve them with a scoop of tasty ricotta cheese.



### Cucumber Flowers With Yogurt Cheese

Mix the creamy cheesy yogurt with some cucumber slices, and it's ready to eat.



### Sweet Potato Chips

Replace fried potato chips with more nutritious baked sweet potato chips to munch on.



### Fruit Smoothie

Use fresh fruits and turn them into smoothies with milk or yogurt.



### Yogurt And Fruit Cups

Add plain or flavored yogurt to a bowl of freshly cut fruits and enjoy.