

Care tips for toddlers with hyperhidrosis



A dress shield sewed into or placed in their clothes can help soak up excess sweat.



When going outside, ensure to carry an extra pair of clothes and socks to avoid hindrance in their activities.

Note down the triggers, such as certain foods or medicines, which may cause sweating, and report them to your pediatrician.



Try to find toys that are anti-slip or have a good grip to help your toddler play without any difficulty.

Be careful not to create any stressful situations that could increase the sweating

