

Risks And Prevention Of Peptic Ulcers In Children



Children In The Risk Group Of Peptic Ulcers



Those in overcrowded conditions

Those without a clean water supply



Those living with an infected person

Those not following proper hand hygiene



Prevention Tips



Always wash hands with soap and water

Consume clean water and avoid drinking from unhygienic places



Consume cleaned and washed fruits and vegetables

Do not consume NSAIDs without prescription

