

"I can see you are trying hard" or "you can do it": When your child is trying to succeed at something to boost their confidence.

"All of us make mistakes" or "keep trying, I'm here when you need": To motivate them and reassure them of your support.

"You are capable of handling it": To make them realize their potential when faced with challenges.

"I knew you could do it" or "I am proud of you": To congratulate and encourage them every time they achieve something.

"That's an interesting idea": To motivate your children to be more creative and innovative.

"I love you" or "I am grateful for you": To let them know they are perfect to you.

Mom

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