



## Essential Points TO REMEMBER ABOUT

# BABY BREATHING

# MONITOR



Vital for preemies and babies with breathing difficulties

Does not prevent SIDS but only warns about breathing issues



May issue false alarms due to technical limitations

May not detect all breathing issues, including obstructive sleep apnea



Learn from your doctor first about how to respond to detected breathing issues

Learn CPR skills for when the monitor detects an emergency



Teach every caregiver about the correct use and understanding of the monitor and its alerts

### References

1. Baby Breathing Monitors; Raising Children Network
2. Baby Monitors And Sensors; Pregnancy, Birth and Baby, Healthdirect Australia

Images: Amazon