



Eyelid myokymia

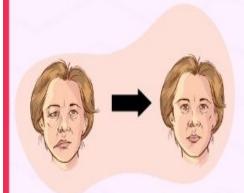
An involuntary eye twitch usually occurs in the lower eyelid and is known to be triggered by stress.

Hemifacial spasm

A nervous disorder where muscles of one side of the face twitch involuntarily, including the eyelids.



Image: Springer Nature

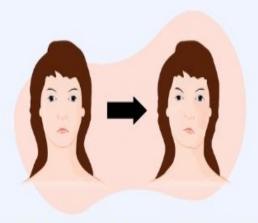


Multiple sclerosis

Some people with multiple sclerosis experience facial twitches, particularly in muscles around the eyes.

Bell palsy

This nervous system disorder may sometimes cause eye twitching and tearing.





Dystonia

A range of movement disorders may lead to abnormal muscle movements in single regions of the body, such as the eye.

References

- Eye Twitching; Cleveland Clinic
- 2 Eye Twitching; Cedars Sinai
- 9 Dystonia; NHS



remedies_00787134/