

## Methods based on the intercourse timing



The Billings method suggests having intercourse less than 2 days before ovulation.

The Shettles method suggests having intercourse closer to the day of ovulation.

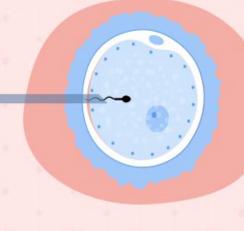




The Whelan method suggests having intercourse at least 4-6 days before ovulation.

## **Medical methods**

Preimplantation genetic diagnosis in conjunction with IVF.





Sperm sorting, also known as the MicroSort Method, using a flow cytometry.



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Source: https://www.momjunction.com/articles/how-to-conceive-baby-boy-choose-