



Safety Tips To Follow When Using A Baby Carrier

Place a preemie in a sling only after consulting a pediatrician



Avoid placing babies in carriers if they have respiratory issues



Ensure the baby doesn't sit in a C-shaped position with their chin touching



The sling should be tight enough to ensure the baby sits straight with ample head support



Keep the baby's mouth and nose uncovered



Ensure the baby's face is visible as you look down



When bending, support the baby's back with a hand and bend from the knees



References:

Baby Carriers: Backpacks, Front Packs, and Slings; American Academy of Pediatrics