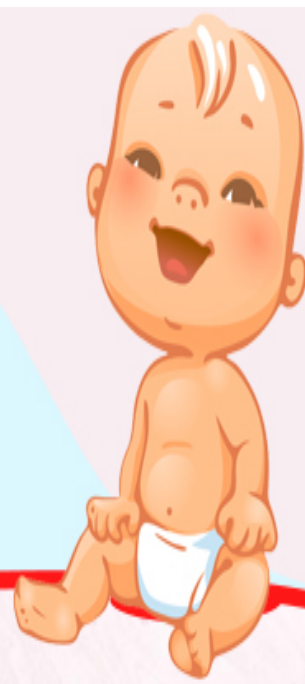


Tickling Babies: Things To Be

Mindful Of



Keep your nails trimmed to avoid accidents such as scratching the baby



Do not shake them while tickling since their neck muscles are weak and developing



Give them a signal or gesture with your hands first to avoid shock from sudden tickling



Try not to tickle your baby's feet if they are too young since it is a sensitive spot



Do not keep tickling for a prolonged period since it may leave them breathless



Be mindful of the signs of discomfort to know when to stop and when not to tickle

