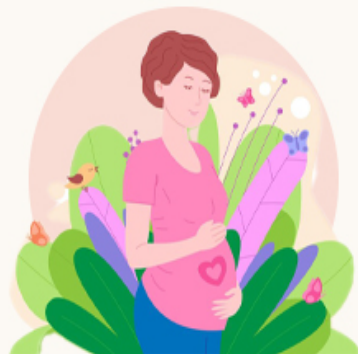


How To Prevent

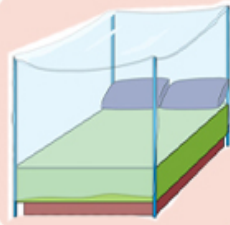
Insect Bites

During Pregnancy?



Wear clothes that cover all parts of the body, especially when going outdoors.

Conduct pest control for your house and surroundings frequently.



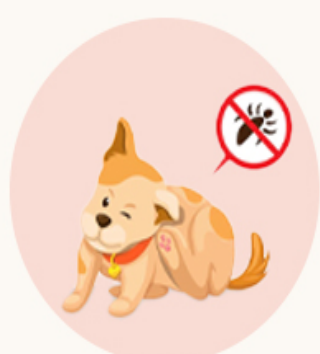
Hang mosquito nets around the bed.

Use insect repellants.



Keep your surroundings clean of clogged water, as they act as breeding grounds for mosquitoes.

Avoid going out during early hours, such as dawn and dusk.



Treat your pets for fleas regularly.