

Tips To Prevent Teens From Running Away



Communicate regularly with your teenager and discuss any intimate issues.

Stay calm, be a good listener and show empathy toward their problems.



Express love and make them feel comfortable coming to you for support.

Identify the triggers that lead to risky decisions and take preventative actions.



Check for potential red flags, including a poor company or substance use.

Help your teenager develop critical thinking and stress management skills.



Let your teen make certain choices so that they feel independent and their opinions valued.

Reference

- 1 Preventing Teen Runaways; Positive Parenting