

## How To Avoid Tooth Abscess In Pregnancy





Rinse your mouth properly after vomiting

Avoid sugar-rich foods and rinse your mouth after eating





Increase calcium intake in your diet Avoid over-the-counter pain relievers and narcotics





Consult your doctor and dentist even for mild tooth pain Use a soft bristle toothbrush and brush and floss twice a day



Source: https://www.momjunction.com/articles/abscess-tooth-while-pregnant\_00366257/