

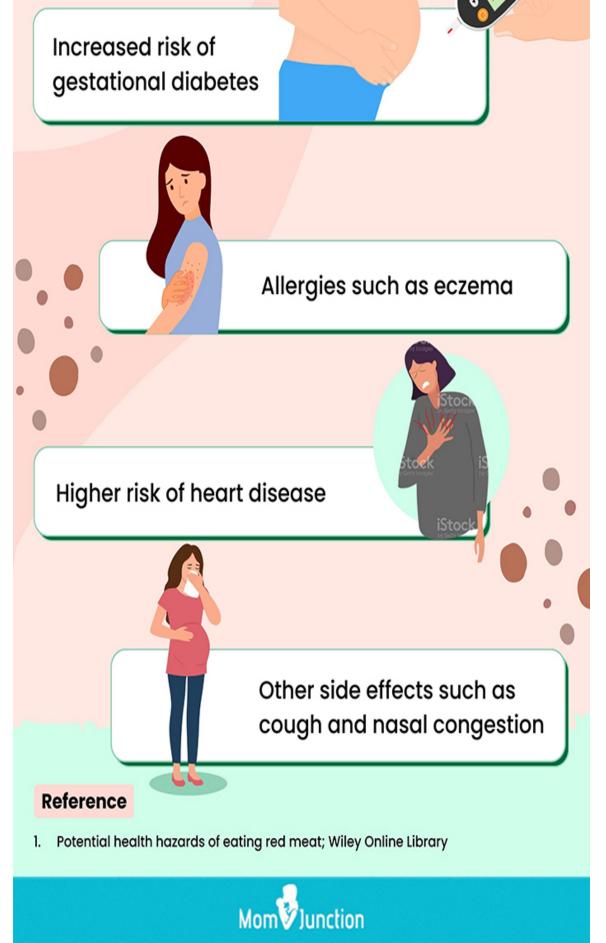
Possible Health Risks Of Consuming Lamb During Pregnancy

Consuming too much lamb meat may cause undesirable side effects in pregnant women as it may pose a risk of certain health conditions.

High cholesterol levels and increase in body weight



Elevated blood pressure



Source: https://www.momjunction.com/articles/health-benefits-eating-lamb-pregnancy_0086651/