What Alternatives Can Be



Given To Babies Instead Of

Teething Tablets?

Use a cold and wet washcloth and wipe the baby's gums with it



Gently massage the baby's gums with a clean finger without applying much pressure



Cool (not freeze) a teether in a refrigerator for some time and offer it to the baby



Offer frozen
popsicles to babies
who can eat solids



Distract the baby's attention from the pain





Source: https://www.momjunction.com/articles/teething-tablets-for-baby-infant-safety-alternatives_00698268/