

What Alternatives Can Be



Given To Babies Instead Of Teething Tablets?



Use a cold and wet washcloth and wipe the baby's gums with it



Gently massage the baby's gums with a clean finger without applying much pressure



Cool (not freeze) a teether in a refrigerator for some time and offer it to the baby



Offer frozen popsicles to babies who can eat solids



Distract the baby's attention from the pain

