

# PRECAUTIONS TO TAKE WHEN FEEDING Strawberries TO BABIES

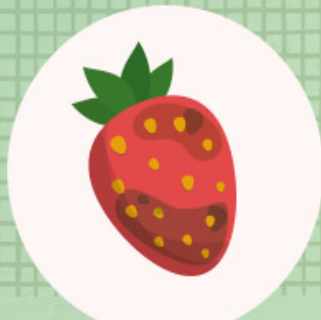
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Buy organic strawberries from a good brand or source.



Select firm strawberries without pits, holes, or blemishes.



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3



Choose canned strawberries preserved in juice, not sugar syrup.

Start with 1 or 2 tablespoons of smooth strawberry mash/puree.



4

5



Follow the three-day wait rule and feed no new food during this phase.

Discontinue feeding if the baby appears uncomfortable.



6

7



Serve thinly sliced strawberry pieces as finger food after 9 months.

