

Teaching Children About Consent And Politely Declining A Hug



How to teach children about consent?



Give examples to explain the meaning and usage of consent.

Do role plays to help them practice polite refusal.

Clear the child's doubts and misconceptions.

Set the right example by seeking your child's consent before hugging.

How can children decline an unwanted hug politely?

You may tell your child that whenever they sense an unwanted hug, they may lean back and say:

"Aunty/uncle, I feel more comfortable with handshakes."

"Sorry, but can I give you a high-five?"

"Can I give you a fist bump instead?"

"May we skip a hug and shake hands instead?"

