

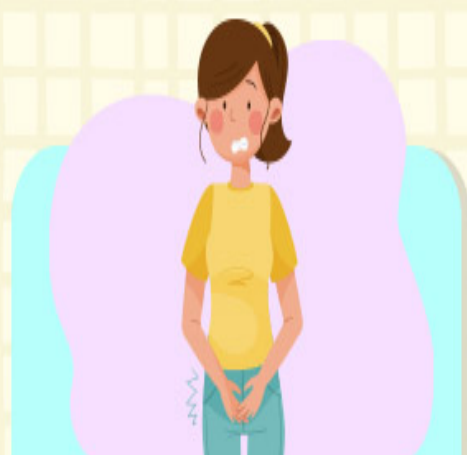
# Possible Adverse Effects Of Taking Tums While Nursing



**Appetite loss**



**Constipation**



**Frequent urination and increased thirst**



**Weakness and muscle pains**



**Mood swings and confusion**



**Nausea and vomiting**

## References:

- 1 Calcium carbonate overdose; Mount Sinai
- 2 Calcium Carbonate Chewable Tablets; Cleveland Clinic