



How A Happy *Mother-Daughter* Relationship Looks Like

Both are comfortable sharing daily events but don't force each other to spill their secrets.



They support and guide each other in the right direction without being judgemental.



They spend quality mother-daughter time, go on lunch dates, and engage in each other's favorite activities.



They handle their conflicts well. The arguments are resolved with mutual understanding, and nobody holds grudges.



The mother doesn't baby her daughter and lets her experience failures while being there to protect her when she needs her.



The daughter doesn't take advantage of the freedom she gets and respects her mother's advice and decisions.

