

Avoid scented products and douching





Drink plenty of fluids

Avoid intercourse for at least a week





Seek medical help for heavy bleeding, fever, or severe abdominal pain

## Reference:

 Caring for Yourself After an Abortion; Planned Parenthood



Source: <a href="https://www.momjunction.com/articles/lactating-after-abortion\_00351777/">https://www.momjunction.com/articles/lactating-after-abortion\_00351777/</a>