



How Can You Help Your Teen Make Friends?



Make your teen join clubs or teams to meet people with similar interests.



Encourage them to volunteer in their community. It will not only help them make new friends but also be a great way to give back and make a positive impact.



Help your teen develop social skills by practicing conversation and social etiquette.



Motivate them to take risks and try new things. This can be as simple as trying a new activity or joining a new club.



Cheer them to be themselves and not worry about fitting in. Friendships build on shared interests and values.



Support your teen to be proactive and seek out opportunities to make friends.

