## Causes Of Stomach Pain That May Or May Not Be

### **Linked To Pregnancy**





### Fibroids

- May cause stomach pain during the second and third trimesters if their size is more than 5cm.
- Pain is mainly managed with adequate rest, hydration, and analgesics.
- Fibroids close to the placenta may cause bleeding.

#### **Stomach virus**

- Does not usually harm the baby.
- Symptoms include stomach pain, vomiting, and diarrhea.
- Plenty of rest, light meals, and adequate hydration may help.



### Food allergy

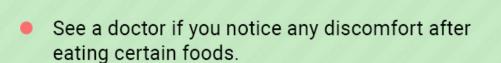
- Foods such as eggs, peanuts, shellfish, and soy may cause food allergies.
- Symptoms include vomiting, hives, or wheezing, along with stomach pain.
- See a doctor if you notice any discomfort after eating certain foods.

## Kidney stones

Foods such as eggs, peanuts,

shellfish, and soy may cause food allergies.Symptoms include vomiting, hives, or wheezing,

along with stomach pain.



# References 1. Contemporary Management of Fibroids in Pregnancy; National

- Institutes of Health

  2. Diarrhoea and vomiting in pregnancy; Tommy's
- 3. Food Allergy; ACAAI
- 4. Pregnancy and Kidney Stones; Urology Care Foundation



