

# HOW SUPERFETATION IS DIFFERENT FROM SUPERFECUNDATION

## Superfetation

Getting pregnant when you are already pregnant (double pregnancy)

First and second ovulation can be weeks apart

Extremely rare; nearly impossible

Reported in women undergoing fertility treatments or those with two uteri

## Superfecundation

Getting pregnant with twins where each egg is fertilized from separate acts of mating

Occurs within the fertile phase (five to seven days) with two different fathers

Extremely rare

No specificities were found



## Complications of Superfetation

- Babies growing at different stages
- Premature birth
- C-section risk
- Maternal health issues, such as preeclampsia



## References

1. A review of the mechanisms and evidence for typical and atypical twinning; American Journal of Obstetrics & Gynecology
2. Multiple Multiples; Washington State Twin Registry
3. Twin pregnancy a complicating journey for both mothers and babies: elaborate review; International Journal of Basic & Clinical Pharmacology