



Tips To Choose Activities — for your — Six-year-old



Learn their interests to understand which activities to choose.



Engage them in simple physical activities such as jump rope and hopscotch.



Observe your child when they are involved in activities or play.



Encourage your child to socialize and set up playdates with their friends.



Introduce your child to science-based toys and games to boost their cognitive skills.



Involve in routine activities with your child, such as reading, singing, or pretend play, to support and motivate them.

References:

- Toys and Play: 6- to 8-Year-Olds; Seattle Children's Hospital

