

Banana-licious And Nutritious Dishes For Children

Banana Smoothie Blast

Sip, smile, and slurp your way to fruity delight with this creamy concoction that will have children asking for seconds.



Banana Cashew Pancakes

Just got sweeter! These fluffy pancakes will make your little ones flip with joy.

Banana Split Parfait

Indulge in layers of banana bliss! This parfait is a treat that will have children asking for dessert before dinner.





Banana Choco Muffins

Moist, chocolaty, and full of banana goodness. These muffins will vanish from the plate in no time!

Frozen Banana Pops

Beat the heat with these cool and chocolaty treats. Children won't be able to resist these frozen delights on a stick.





Oatmeal Banana Bites

Snack time just got a power boost! These little bites of bananas and oats will keep children fueled and ready for adventure.



 $Source: \underline{https://www.momjunction.com/articles/banana-recipes-for-kids-facts-\underline{benefits_00723638/}$