DELICIOUS AND NUTRITIOUS

BROCCOLI RECIPES

FOR CHILDREN



Broccoli pasta

Give a healthful twist with broccoli to the children's favorite pasta recipes.

Broccoli sandwich

Hide the healthy broccoli in the yummy sandwiches that your children like.





Broccoli and cheese quiche

Prepare a savory quiche recipe that combines tender broccoli with melted cheese and a flaky crust.

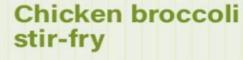


Give a healthful turn to the classic mac and cheese recipe with broccoli florets.



Creamy broccoli slaw

Make a creamy side dish by combining broccoli slaw with a tangy and sweet dressing.



Give a twist of taste to vour tender chicken pieces with the stir-fried crispy broccoli florets.





Cheesy broccoli pizza

Feature tender broccoli florets into the delicious and satisfying pizza with melted cheese.

Broccoli and mushroom soup

Combine the goodness of broccoli and mushrooms in a bowl of nutrient-rich soup.



Mom Junction Source: https://www.momjunction.com/articles/healthy-broccoli-recipes-for-

kids_00655177/