



Things To Remember When Dating In Your 30s

Look beyond your usual "type" and be open to options. Feel free to use dating apps and social media to meet new people.



Have confidence, which makes you naturally attractive and eliminates the need for amateur dating games.

Learn from your past experiences but do not hold them as guards around you. Allow someone to woo you.



Good speaking abilities make conversations easier and improve the chances of finding a partner.

Avoid faking your personality to adapt to someone else's expectations.



Be clear about what you're looking for in your partner, but avoid seeking perfection.