

# WHEN YOUR EX WANTS TO BE FRIENDS...



Think about your present partner and if they would be okay with you befriending your ex.



Don't panic and make a hasty decision. Speak to your friends or a trusted someone to take their opinion.

Talk over lunch or coffee to analyze their current situation and understand their true intentions before saying 'yes.'



If you do develop a friendship, don't revisit or discuss your past romantic feelings.

Keep your relationship limited to staying friends to avoid a repeat of the difficult moments.

