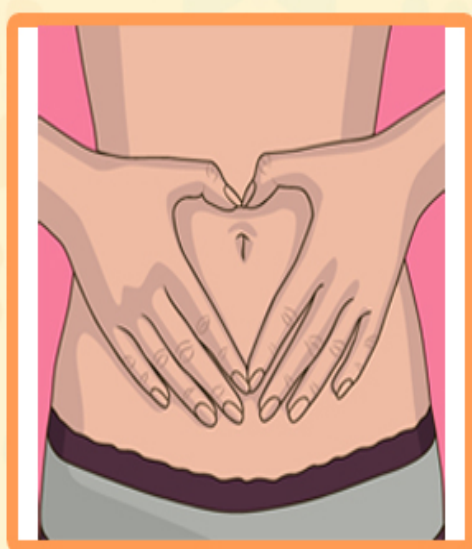




## Facts About Outie Belly Button In Pregnant Women



It usually does not cause any pain.



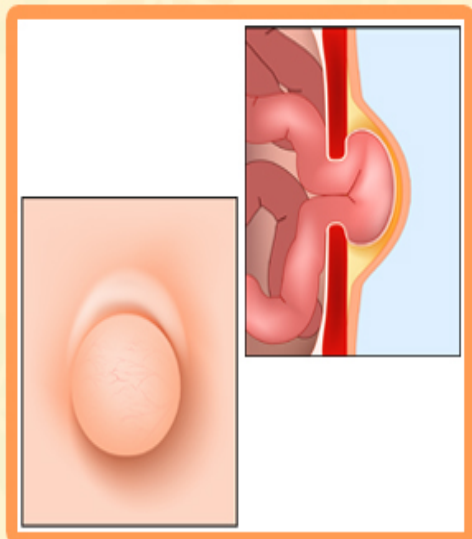
Some people may have an outie belly button, even before pregnancy.



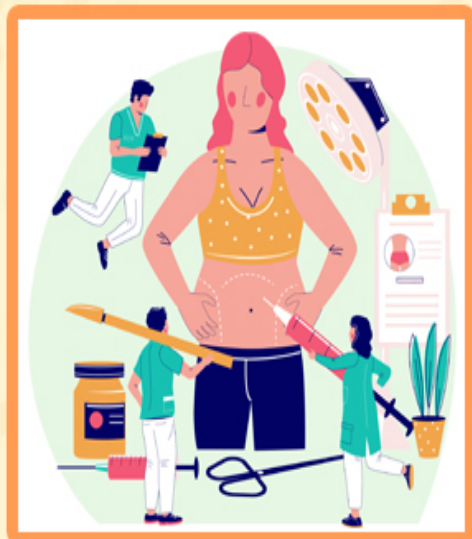
It is a normal part of pregnancy and occurs due to the expansion of the belly.



It typically appears during the second trimester, around the 26<sup>th</sup> week.



Rarely it might indicate a medical condition called an umbilical hernia.



Although it mostly returns to normal after delivery, some women may require a surgical intervention to correct it.