

Hygiene & Maintenance

Advice For Teen's Beard



Clean your beard every day when you wash your face

Rinse the beard with lukewarm water if it gets dirty



Comb and detangle your beard after every wash

Maintain a separate towel to wipe the beard



Make sure to put moisturizer on the beard and the skin below

Don't touch or stroke your beard often



Always trim only clean and combed beard

Make sure to apply beard-safe sunscreen before heading out



Reference

1. A Dermatologist's Top Tips For A Healthy Beard; American Academy Of Dermatology Association