





Ensure your baby is looking and responding to you.

Encourage the baby to mimic sounds, identify pictures, and learn new words.





Read the same story again if your baby seems to enjoy it.

Keep the television or mobile phones away to avoid any distractions.





Let older babies choose a book for bedtime.



Source: https://www.momjunction.com/articles/benefits-of-reading-bedtime-stories-toyour-baby_00119461/