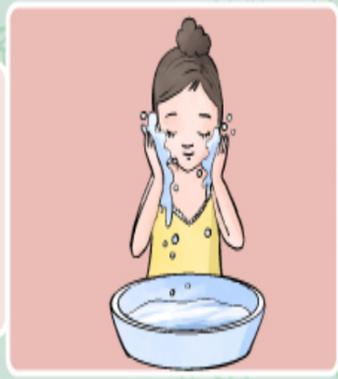


## How To Have A **FACIAL BLEACH** In Pregnancy



Get medical approval before bleaching during the second trimester or later (avoid it in the first trimester).

Use cold water to rinse your face to minimize chemical exposure.



Have a professional apply the bleach and use a branded product.

Do a patch test to check for any irritation or rashes.



Don't leave the bleach cream on for too long on your skin.

Find a well-ventilated area to sit in when applying bleach.

