



How To Transition Your Baby From Co-Sleeping To Crib



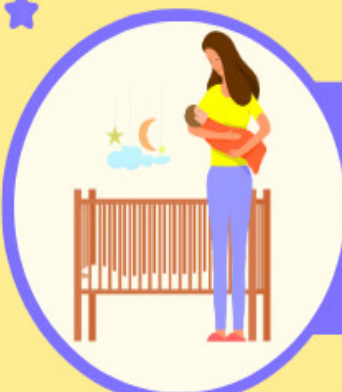
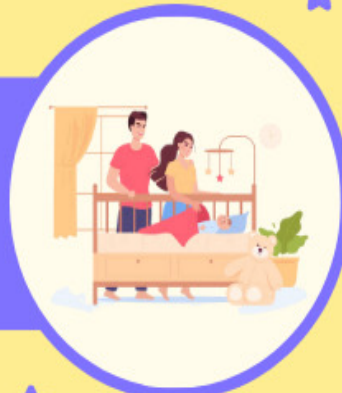
Make the transition gradually, in stages

Keep your baby's crib near you



Try bedside sleepers to fix your baby's crib to your bed

Be around your baby until they fall asleep



Maintain a fixed night-time routine

Make your baby's room attractive and colorful

