



# HOW TO BE HAPPY IN A *Relationship*

## Spend quality time together



Take out time to talk to each other, go on date nights, and engage in exciting activities.

## Respect personal space

Identify and respect the personal space and give each other time to indulge in their passions.



## Don't forget the small things



Remember important dates, buy small gifts, kiss before heading to work, and have dinner together.

## Be emotionally available

Be there for each other in times of distress and always lend a listening ear.



## Resolve differences promptly



Don't bottle up emotions, and take the initiative to resolve all differences with open communication.