

Essential PLAYGROUND Safety Rules For Children

Supervise or have an adult accompany them



Teach them not to pull, push, or fight with others



Make sure their shoes are well-fitted



Avoid dressing them in clothes with drawstrings and cords



Tell them not to run around near the playground equipment



Make them form a line when entering the playground equipment



Instruct them to keep their backpacks and other things aside to avoid tripping



When jumping, teach children to bend their knees and land on their feet

