# Healthy Carrot Dishes For Your Toddler



# Honey glazed carrots

A sweet and savory carrot recipe to serve as a finger food.

# **Carrots and peas**

A colorful and nutritious vegetable mix recipe that toddlers will love.



### **Cream of carrot soup**

A warm and yummy soup that is easy to make and full of flavor.

# **Baked carrot and potato**

A colorful and nutritious vegetable mix recipe that toddlers will love.

# **Carrot yogurt**

A healthy and refreshing snack that's perfect as an on-the-go food option.

### **Beetroot and carrot soup**

A rich and nutritious colorful soup that will appeal to toddlers.



Source: https://www.momjunction.com/articles/healthy-carrot-recipes-for-toddlers\_00352076/