

Yellow or brown toenail

Overgrown and thick nails

Accumulation of foul-smelling debris under feet

Painful nail that might ultimately fall off







REASONS

Wearing tight-fitting stockings and shoes

Improper foot care

Applying several coats of nail paint

Conditions such as diabetes mellitus









Source: https://www.momjunction.com/articles/home-remedies-treat-toenail-funguspregnancy_0084596/