



Benefits Of Nintendo Wii Games For Children



Some Wii games require children to swing the controller, which can help increase their manual dexterity.

The fitness Wii games give instructions for easy work-outs, thus aiding in their balance and motor skills.



Some Wii games have educational challenges that help children develop creative and problem-solving skills.

Wii games, when played with multi-players, can help children socialize and interact.



These games can be an excellent way for children to unwind and relax after a long day at school.

References:

1. Impact of Nintendo Wii Games on Physical Literacy in Children: Motor Skills, Physical Fitness, Activity Behaviors, and Knowledge; NCBI
2. Balance and mobility training at home using Wii Fit in children with cerebral palsy: a feasibility study; BMJ Open
3. 50 Educational Video Games That Homeschoolers Love; OEDb