

## How To Help Your Little One Stand On Their Own



Provide enough tummy time

Support and hold them in a standing position

Encourage them to





stand using sturdy furniture or toys

Encourage cruising by holding their hand



Let them play with babies of similar ages





Give them small, lightweight toys to hold onto



## Reference:

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1. Take a Stand! How to Help Baby Stand on Their Own; Pathways



Source: https://www.momjunction.com/articles/when-do-babies-stand-up-age-ways-to-encourage\_00669390/