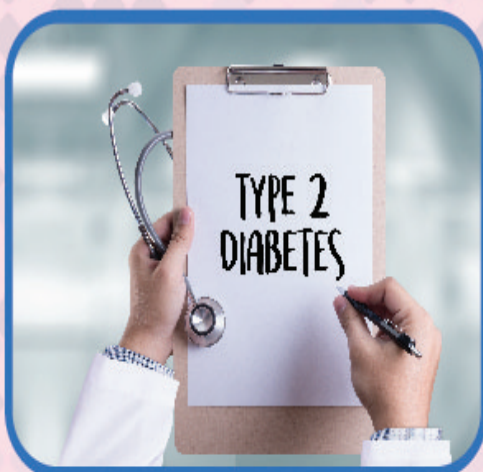


# Why Doctors May Prescribe METFORMIN To Nursing Mothers



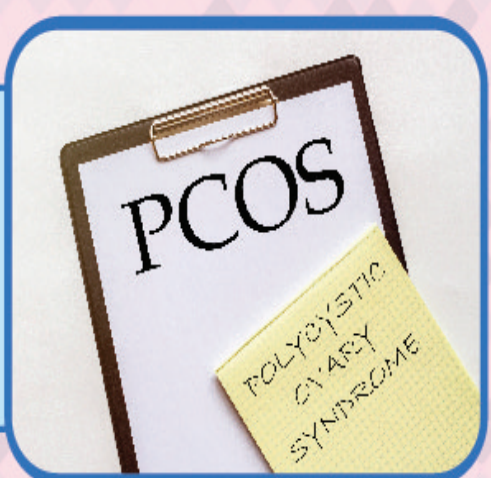
## Type 2 diabetes



Metformin is indicated along with diet and exercise to regulate blood sugar levels.

## PCOS

Metformin is used off-label for treating polycystic ovary syndrome (PCOS).



## Postpartum Weight Loss



Metformin has been found to aid postpartum weight loss.

## Additional Benefits



Cardioprotective properties



Neuroprotective effects



Antidiabetic for pre-diabetes

### References

1. Metformin; NCBI
2. Postpartum Use of Weight Loss and Metformin for the Prevention of Type 2 Diabetes Mellitus: a Review of the Evidence; NCBI