



Home Remedies For Ear Infections In Pregnancy



Put the mixture of apple cider vinegar, white vinegar, and water on the infected ear.



Place a warm salt bag over the infected ear for pain relief.



Put garlic oil in the infected ear using a Q-tip.



Put olive or mineral oil into the infected ear to break down earwax.



Place a warm towel over the infected ear for pain relief.



If earache or blocked ears is accompanied by cold symptoms, take steam inhalation.