

Smoked Salmon RECIPES

Salmon-egg omelet

Beat 2 eggs with a teaspoon of milk and a pinch of salt and fry an omelet. Place smoked salmon pieces (1 ounce) on the omelet and fold them into half. Remove from the pan and serve.



Salmon - avocado toast

Mash an avocado with lemon juice and cut the smoked salmon into small pieces. Spread the avocado mixture on a whole wheat bread toast, layer with the salmon pieces, and sprinkle salt and pepper.



Salmon rolls

Take a whole wheat tortilla and spread a layer of cream cheese on it. Place smoked salmon and thin strips of zucchini on the cheese layer. Sprinkle salt, pepper powder, and lemon juice and roll the tortilla.

