



# How To Reduce Ear Piercing Pain In Children And Tips For Care



## Minimizing ear piercing pain



Apply a prescribed numbing cream on their ear lobes about 30-60 minutes before piercing

## Aftercare tips



Keep the earrings in for at least six weeks



Apply or place ice cubes on the ear lobes



Instruct them not to touch the piercings apart from the cleaning times



Talk and prepare your child for the pain they may experience



Try keeping them out of the water bodies until the piercings are healed properly