

# Practices To Teach Children For Vaginitis Prevention



Wipe from front to back after using the toilet. This prevents bacteria from reaching the vagina from the anal area.



Clean the outer vaginal area from any remaining soap after a shower and pat dry the area.



Wear loose-fitting and breathable underwear.



Use clean and dry clothes every time.



Avoid hot tubs, baths, and whirlpool spas.



Do not use harsh or scented soaps to wash the vagina.

