

TIPS FOR SELECTING
AND STORING

Fennel Seeds



How to select



They should be pale green with a lightly sweet flavor.

Prefer the ones sealed in packets.

Do not buy the gray fennel seeds, as they may not be fresh.

How to store



Keep the seeds in a sealed container or paper bag.

The bag or container must be airtight and kept away from moisture.

Check for pests, and do not consume if you find any.