



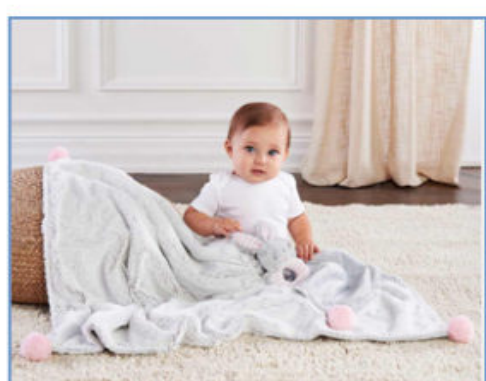
Benefits Of A Security Blanket For Babies



Provides the baby a sense of security, encouraging them to sleep independently



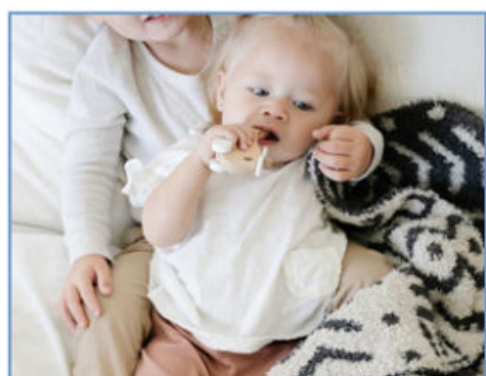
Aids in establishing the baby's nighttime routine and discipline



Gives the child a sense of reassurance in the absence of the mother



Comforts and soothes the baby when they feel upset



Provides a sense of familiarity to the baby in unfamiliar and new settings



Imparts a sense of constancy during periods of sudden change



Makes it easier for the child to go through unpleasant medical procedures

References

1. The Presence Of Security Blankets Or Mothers (Or Both) Affects Distress During Pediatric Examinations; NCBI
2. Transitional Objects: Security Blankets & Beyond; American Academy of Pediatrics
3. Security Objects Offer Comfort to Young Children; Cornell Cooperative Extension Tompkins County