



Possible Side Effects Of Ambien During Breastfeeding



Fatigue and drowsiness



Headache



Difficulty maintaining body balance



Involuntary shaking of a body part



Numbness or tingling in the hands or legs



Strange dreams



Gastrointestinal disturbances



Muscle cramps and pains



Severe allergic reactions



Vision problems

References

1. Ambien; FDA
2. Zolpidem; Medline Plus